




Instructions For the Fastime 01 Stopwatch: With basic start, stop, cumulative split and time of day functions

Press button **B** to switch between stopwatch and time of day modes

Stopwatch mode:

A	B	C	Event Timing:	Split Timing:	1-2 Finish:
			C – Start C – Stop (time Out) C – Continue C – Stop A - Reset	C –Start A – Split (cumulative) A – Release. C – Stop A - Reset	C – Start A – Stop C – Stop (1 st finish time) A – Release (2nd finish time) A - Reset

Time of Day Mode:

Time Date & Alarm Display:	How to Set Time & Date:	How to Set Alarm:
<p>Press button B to switch between stopwatch and time of day display.</p> <p>Hold C to display month date and day.</p> <p>Hold A to display alarm</p> <p>Hold A then press C to set alarm on or off</p>	<p>Press button B 3 times to enter set mode.</p> <p>Press A to select the digits</p> <p>Press C to change digits (seconds reset to zero)</p> <p>Hold C for rapid digit change</p> <p>Press B to return to time display.</p>	<p>Press button B 2 times to enter set mode</p> <p>Press A to select the digits</p> <p>Press C to change the digits</p> <p>Press B to return to Time of day display.</p>
<p>AST Limited. +44(0)1530 411321. E.mail: admin@astopwatch.co.uk</p> <p>www.astopwatch.com</p>		